

CLUB SELECT COACHES ASSESMENT FORM

NAME _____ **DATE** _____
TOPIC _____

1 = Poor 2 = Needs improvement 3 = Average 4 = Good 5 = Excellent

Preparation

Additional Comments

Session plan	1 2 3 4 5	_____
Appropriate dress	1 2 3 4 5	_____
Safety check	1 2 3 4 5	_____
Organisation of facilities and Equipment for session	1 2 3 4 5	_____

Coaching Session

Manner

Good rapport with participants	1 2 3 4 5	_____
Enthusiastic	1 2 3 4 5	_____
Motivational skills	1 2 3 4 5	_____
Creates enjoyable environment	1 2 3 4 5	_____
Encourages sportsman ship	1 2 3 4 5	_____

Organisation

Group control	1 2 3 4 5	_____
Time management	1 2 3 4 5	_____
Effective organisation of space	1 2 3 4 5	_____

Technical

Use of effective warm up	1 2 3 4 5	_____
Use of effective cool down	1 2 3 4 5	_____
Use of appropriate drills and Conditioned games to develop technique and individual/small group/ team tactics	1 2 3 4 5	_____
Supplies technically sound information and advice	1 2 3 4 5	_____

Observation

Ability to analyse performance	1 2 3 4 5	_____
Adapts practice if required	1 2 3 4 5	_____

Communication

Accurate demonstrations	1 2 3 4 5	_____
Accurate explanations	1 2 3 4 5	_____
Effective positive feedback	1 2 3 4 5	_____

